



# KIRKRIDGE

RETREAT AND STUDY CENTER

2495 Fox Gap Road, Bangor, PA 18013

610-588-1793 [www.kirkridge.org](http://www.kirkridge.org)

## *Peace and Justice*



# Creating a Culture of Peace (CCP)

JANET CHISHOLM

BARB GESSNER

March 10-13, 2011

Thur 6:30 dinner thru Sun lunch

Cost \$395

Note: The course is a prerequisite for CCP Training of Trainers

**STRENGTHEN YOUR SPIRIT AND SKILLS FOR PEACEMAKING!**

**CCP is training in the spirituality, practice and power of active nonviolence.**

The innovative design allows you to discover your own power and to increase your skills for respectful engagement with opponents, instead of perpetuating confrontations that polarize and demonize. Unlike trainings that emphasize only war issues, this training is an incubator for you to learn to actively confront many issues that concern you, whether group controversy or conflict, neighborhood violence, domestic violence, climate change, militarism, discrimination, video games, homelessness, peace education, lack of health care or something else. You will develop a strong community with a common foundation prepared to work together effectively for peace and justice.

The training is highly participatory; it does not depend on books and lectures. It draws

upon your own wisdom, experience and talents and on the skills and knowledge of trained facilitators. Mutual learning occurs through storytelling, meditation, small group sharing, brainstorming, role plays, thought-provoking exercises, music and movement. It guides you through an exploration of nonviolence principles, an analysis of social change and community-building, provides resources, and builds skills for peacemaking. Every group chooses and plans concrete projects of their own choosing. CCP is a national program partnering with Kirkridge.

**Janet Chisholm**, CCP Founder and Executive Director, formerly served as Kirkridge Peace Coordinator and FOR Executive and Trainer. She is a faith-based activist, writer and speaker.

**Barb Gessner** is a CCP trainer and national CCP officer. She is a peacemaker, chaplain and jujitsu master. She chairs a Diocesan Peace Commission.