

# ST. MARY'S AND ST. JOSEPH'S EPISCOPAL CHURCHES

## Presents a four week workshop

Thursdays Beginning October 23, 2008 7-8:30pm

At St. Mary's Church, 340 N. Lehigh, Wind Gap, PA

## ILLNESS, DYING, DEATH AND BEREAVEMENT

### ILLNESS:

Presenters: Tina Due, RN: Retired from Easton and Sacred Heart Hospitals, Clinical Nurse Educator and Supervisor  
Patricia Pachuta, BSN: Nurse at St. Luke's hospital for the past 28 years, currently specializing in cardiac nursing, cardiac stress test, and post open heart surgery.

There is so much we need to know about being responsible for our health care, but where do we find this information? Tina and Pat will give us the basic information we need so we can become more knowledgeable about our health issues which may include medications, doctor visits, hospitalization, surgery, medical tests, post-hospitalization recovery, and medical resources which may include home health care, physical therapy, occupational therapy and medical equipment.

### ILLNESS and DYING:

Presenters: Char Horst, Esq.: Missioner for Development for the Diocese of Bethlehem where she works with individuals, parishes and clergy to encourage the planning of gifts to benefit future mission and ministry. A graduate of Harvard Law School, practiced law on Wall Street, NY, and Main St. in Kutztown.

Dale Honig: Member of the Westminster Village Marketing Group. She has written and published articles on the multiple topics dealing with senior housing and adult day service.

Wills, Power of Attorney, Living Wills are things most of us wish to avoid discussing, learning about or writing. Char will give us important and basic information about the legal issues of illness, aging and dying.

We need to be prepared for making sensible life-care decisions. Dale will help us take the necessary actions in navigating a plan of action that recommends creative and helpful tools for recordkeeping of financial and medical documents, exploring various options for individuals who desire retirement housing, communal living, healthcare services and other services.

### DYING and DEATH

Presenters: The Rev. Anne G. Huey: Chaplain and Coordinator of Support Service St. Luke's Hospice, an ordained Presbyterian minister and worked in Hospice for 24 years.

Patricia A. Werner, F.D.: Funeral Director at the Schmidt Funeral Home in Wind Gap and Nazareth.

Hospice is an option of care at the end-of-life. Anne will address the myths and misinformation about what Hospice is and how it works and how it is reimbursed through Medicare.

Patti will address what we need to do after a loved one dies, what options are available for choosing a service, embalming, cremation, the real value of a funeral and a celebration of life.

### BEREAVEMENT

Presenter: The Rev. Dr. Patricia Dwyer MacMillan: Rector of St. Mary's and St. Joseph's Churches, adjunct faculty at LaSalle University teaching Ministry to Families in the Face of Loss since 1985.

There is no right or wrong way to grieve. There are no steps or clear pathways that inform us where we are in the process. However, there are ways we can care for ourselves and our loved ones throughout the grieving, especially during the holidays, birthdays, anniversaries and other significant days. Numbness, denial, yearning, disorganization, despair are what we tread our way through to finally being able to reorganize and move on with our lives.

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#### Refreshments

#### Times for questions and answers

#### Resource materials for each presentation

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In order to prepare sufficient materials, please register:

Attending all four workshops \_\_\_\_  
Attending Workshop I \_\_\_\_ Workshop II \_\_\_\_ Workshop III \_\_\_\_ Workshop IV \_\_\_\_

Return to: St. Mary's Episcopal Church 340 N. Lehigh Ave. Wind Gap, PA 18091  
Or call 610-867-8007